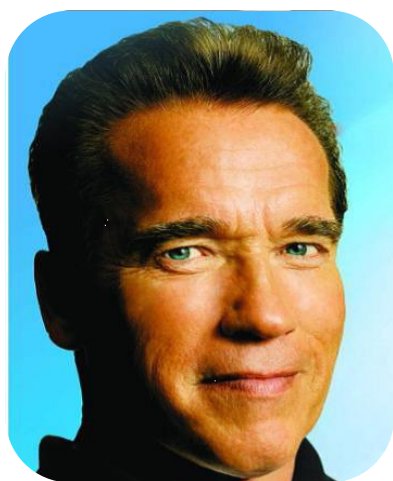


**Arnold Amateur
IFBB International Bodybuilding,
Classic Bodybuilding, Fitness,
Bodyfitness and Bikini Championships**



12 - 15 OCTOBER 2012



MADRID, SPAIN

Inspection Report



WELCOME

Arnold Schwarzenegger, Dr. Rafael Santonja, James L. Lorimer and Bob Lorimer welcome you to the second Arnold Classic Europe.

LOCATION

The Arnold Amateur Europe will be held in the capital city of Spain: MADRID.

VENUE

The 2012 Arnold Classic Europe Championships will be held at the "Palacio Municipal de Congresos", which is located in the heart of Madrid, close to the best restaurants and shopping centres and near "Nuevos Ministerios" metro station. Palacio Municipal de Congresos is a beautiful and impressive building, ideal for the Arnold Amateur Bodybuilding and Fitness Championships.



PALACIO MUNICIPAL DE CONGRESOS

Campo de las Naciones, Avenida de la Capital de España Madrid, 7
28042 Madrid, Spain

OFFICIAL IFBB HOTEL

The official hotel for athletes is:
NOVOTEL, Campo de las Naciones
C/Amsterdam, Nº 3, 28042 MADRID
Tel (+34-91) 721-1818 • Fax (+34)91) 721-1122



The "Novotel Campo de las Naciones" is only 100 meters from the venue. It is a 4 star hotel featuring 246 rooms located next to the IFEMA, the "Palacio Municipal de Congresos" & the "Juan Carlos I" Park. **To book this hotel, please email H1636@accor.com**

OTHER HOTELS IN THE AREA ARE:

AC MADRID FERIA

(2nd option about 10 minutes from venue)

Via de los Poblados, 3

28033 Madrid • Phone: (+34-91) 382-4781

<http://www.marriott.com/hotels/travel/madfe-ac-hotel-madrid-feria/>

AC HOTEL CUZCO (downtown)

Paseo de la Castellana, 133

2846 Madrid • Phone: (+34-91) 556-0600

<http://www.marriott.com/hotels/travel/madcu-ac-hotel-cuzco-madrid/>

PLEASE NOTE: All athletes and officials will have to book and reserve their own hotel accommodation. Please reserve your rooms well in advance to avoid disappointment.

IMPORTANT ARRIVAL AND CHECK-IN NOTICES

The official arrival day is Friday, 12th October 2012.

The weigh-in and registration will be conducted on Friday. IFBB Registration fee will have to be paid at the time of weigh-in.

- Registration/weigh-in between 12:00 noon and 8:00pm on Friday 12th October
- IFBB amateur event starts on Saturday 13th October
- Trade show starts on Sunday 14th October
- Finals for overall Champions, will take place on Monday, 15th October

More information about running order and other competition details will be forwarded nearer the time. Please check www.ifbb.com for regular updates.

TANNING NEEDS

For those of you with tanning or makeup needs, contact Jan Tana at www.jantana.com to book an appointment. We'll have competitor staff backstage to assist with all competition needs. No spray tanning will be done at the venue, so be sure to book appointments accordingly.

THE IFBB HAS BANNED ALL TANS THAT CAN BE WIPED OFF. AN OFFICIAL WILL CHECK THE TAN OF ALL ATHLETES BACKSTAGE AND IF THE TAN COMES OFF BY SIMPLY WIPING, THE ATHLETE WILL BE TOLD TO REMOVE THE TAN BEFORE GOING ON STAGE.

COMPETITOR NOTIFICATION

Once the entry form from the National Federation has been received and accepted, an official letter will be sent confirming your participation in the 2012 Arnold Amateur IFBB International Bodybuilding, Fitness, Bodyfitness and Bikini Championships. Those athletes who have not met the established requirements, who missed the deadline for registration, or who registered in a division that has already been closed out, will also be notified that they will be unable to participate in this competition. We strongly encourage you to register early and make the appropriate arrangements to compete in Madrid.

GENERAL INFORMATION

Any Bodybuilding, Fitness, Figure, or Bikini athlete who is qualified or has been recommended by their respective national IFBB affiliates can participate either in Juniors, Seniors or Masters categories. The Arnold Amateur organizing committee reserves the right to decline entry to any athlete who does not meet the requirements.

REGISTRATION

Registration of athletes will only be considered if they are recommended or entered by the National Federation of the athlete and the entry form has been emailed directly to the IFBB General Secretary and IFBB Head Office in Madrid. The final decision to allow an athlete to compete in this event rests with the IFBB. Registration fee for athletes to enter this competition is 150 Euros.

POSING MUSIC

All posing music must be on an audio CD only. The posing music must also be at the start of the CD. Each competitor must affix his name on the CD for easy identification. The use of profane, vulgar and offensive language is strictly prohibited in the posing music.

IMPORTANT NOTICE TO COMPETITORS

Each competitor will be provided with an athlete competitor wrist band at the weigh-in. This wrist band allows daily admission to the Arnold Fitness EXPO.

IMPORTANT INFORMATION

All the costs for traveling, hotel accommodations, transport from and to the airport and meals are the responsibilities of the national federations or individual athletes. Check with your national federation for more information. List of recommended hotels and contacts are provided on the Inspection Report.

ENTRY FORM CONTACT DETAILS:

All entry forms and correspondence should be addressed to IFBB General Secretary William Tierney and IFBB Head Office in Madrid. **The deadline date for submitting the entry forms is 23rd September 2012.**

PLEASE FORWARD ALL ENTRY FORMS TO:

William Tierney
IFBB General Secretary
Phone: (+44-151) 931-4090
Fax: (+44-151) 931-4090
E-mail: w.tierney@ifbb-uk.com

Please send a copy to:
Dr. Rafael Santonja, IFBB President
Phone: (+34-91) 535-2819
Fax: (+34-91) 535-0320
E-mail: internacional@santonja.com

IFBB National Federations are informed that participation in to this championship is unlimited. Remember that all athletes will have to produce their IFBB International Card at the registration. Any athlete who has not yet purchase this IFBB International card will have to buy one at registration. IFBB Cards are 30 Euros and are mandatory since 2011.

CATEGORIES

Categories open for the Arnold Amateur are as follows:

**MEN'S CATEGORIES
MEN'S BODYBUILDING CLASSES**

- Up to & Including 70KG
- Up to & Including 75KG
- Up to & Including 80KG
- Up to & Including 85KG
- Up to & Including 90KG
- Up to & Including 100KG
- Over 100KG

MEN'S CLASSIC BODYBUILDING*

- See table below
- Up to 175cm
- Up to 180cm
- Over 180cm

MEN'S FITNESS

1 OPEN CATEGORY

JUNIOR MEN BODYBUILDING

1 OPEN CATEGORY

MASTERS MEN 40-49 YEARS

- Up to & Including 80KG
- Up to & Including 90KG
- Over 90KG

MASTERS MEN 50-59 YEARS

1 OPEN CATEGORY

MASTERS OVER 60 YEARS

1 OPEN CATEGORY

**WOMEN'S CATEGORIES
WOMEN'S BODYBUILDING**

1 OPEN CATEGORY

WOMEN'S BODYFITNESS

- Up to 158cm
- Up to 163cm
- Up to 168cm
- Over 168cm

WOMEN'S FITNESS

- Up to 163cm
- Over 163cm

WOMEN'S BIKINI

- Up to 163cm
- Over 163cm

JUNIOR WOMEN BODYFITNESS

1 OPEN CATEGORY

*Below are the height/weight criteria for Classic Bodybuilding

Height in cm = Bodyweight Limit	
A. Up to and Incl. 175 cm (with the following height/weight criteria)	
<i>Up to & incl 168 cm</i>	<i>Height -100</i>
<i>Over 168 cm</i>	<i>(Height -100) + 2 kg</i>
<i>Up to & incl 171 cm</i>	
<i>Over 171 cm</i>	<i>(Height -100) + 4 kg</i>
<i>Up to & incl 175 cm</i>	
B. Over 175 cm Up to & incl 180 cm = (Height -100) + 6 kg	
C. Over 180 cm (with the following height/weight criteria)	
<i>Over 180 cm</i>	<i>(Height -100) + 8 kg</i>
<i>Up to & incl 190 cm</i>	
<i>Over 190 cm</i>	<i>(Height -100) + 9 kg</i>
<i>Up to & incl 198 cm</i>	
<i>Over 198 cm</i>	<i>(Height -100) + 10 kg</i>

TENTATIVE Program • Arnold Amateur Classic Europe

Madrid, 12-15 October 2012

PLEASE BE ADVISED THAT THE SEMI-FINALS AND FINALS FOR MOST CATEGORIES ARE ON THE SAME DAY. THIS IS A NEW CONCEPT SO PLEASE BE AWARE OF THIS. ONLY THE CHAMPIONS OF ALL CATEGORIES WILL CLASSIFY FOR THE GRAND FINALE ON SUNDAY EVENING

Saturday, October 13 (afternoon) • SEMI-FINALS AND FINALS

- JUNIOR MEN BODYBUILDING (OPEN CATEGORY)
- JUNIOR WOMEN BODYFITNESS (OPEN CATEGORY)
- WOMEN'S BIKINI. UP TO 163 cm
- WOMEN'S BIKINI. OVER 163 cm
- WOMEN'S BODYBUILDING (OPEN CATEGORY)
- MEN'S CLASSIC BODYBUILDING UP TO 175 cm
- MEN'S CLASSIC BODYBUILDING UPTO 180 cm
- MEN'S CLASSIC BODYBUILDING OVER 180 cm
- MASTERS MEN 50-59 YEARS (OPEN CATEGORY)
- MASTERS OVER 60 YEARS (OPEN CATEGORY)

Sunday, October 14 (morning) • SEMI-FINALS AND FINALS

- MEN'S BODYBUILDING UPTO & INCLUDING 70 KG
- MEN'S BODYBUILDING UPTO & INCLUDING 75 KG
- MEN'S FITNESS (OPEN CATEGORY)
- MASTERS MEN 40-49 YEARS. UPTO & INCLUDING 80 KG
- MASTERS MEN 40-49 YEARS. UPTO & INCLUDING 90 KG
- MASTERS MEN 40-49 YEARS. OVER 90 KG
- WOMEN'S BODYFITNESS. UP TO 158 cm
- WOMEN'S BODYFITNESS. UP TO 163 cm
- WOMEN'S BODYFITNESS. UP TO 168 cm
- WOMEN'S BODYFITNESS. OVER 168 cm

Monday, October 15 (morning) • SEMI-FINALS AND FINALS

- MEN'S BODYBUILDING UPTO & INCLUDING 80 KG
- MEN'S BODYBUILDING UPTO & INCLUDING 85 KG
- MEN'S BODYBUILDING UPTO & INCLUDING 90 KG
- MEN'S BODYBUILDING UPTO & INCLUDING 100 KG
- MEN'S BODYBUILDING OVER 100 KG
- WOMEN'S FITNESS. UP TO 163 cm
- WOMEN'S FITNESS. OVER 163 cm

Monday, October 15 (5:00pm) Auditorium A (level 0)

- SPIRIT OF SPORTS FESTIVAL ➔ WITH ALL THE CHAMPIONS OF ALL SPORTS



International Federation of Bodybuilding & Fitness
Dublin 39 / I • Europolis, Las Rozas • 28232 Madrid, Spain
(3491) 535-2819 • Fax: (3491) 535-0320
E-mail: internacional@santonjacom Website: www.wifbb.com



ENTRY FORM

ARNOLD CLASSIC EUROPE AMATEUR

Deadline date to send the Entry Form is 23rd September 2012

ENTRY FORM HAS TO BE APPROVED & FORWARDED BY THE IFBB NATIONAL AFFILIATED FEDERATION

FEDERATION NAME:

PHONE:

FAX:

E-MAIL:

*PLEASE INDICATE NAMES AS WRITTEN IN EACH PASSPORT & THE PASSPORTS NUMBERS

NAMES		PASSPORT N°
Delegates:		
1. Competitor Name:	Category:	
2. Competitor Name:	Category:	
3. Competitor Name:	Category:	
4. Competitor Name:	Category:	
5. Competitor Name:	Category:	
6. Competitor Name:	Category:	
7. Competitor Name:	Category:	
8. Competitor Name:	Category:	
9. Competitor Name:	Category:	
10. Competitor Name:	Category:	
11. Competitor Name:	Category:	
12. Competitor Name:	Category:	

ALL THE COSTS FOR TRAVELING, HOTEL ACCOMMODATIONS AND MEALS (AND TRANSPORT FROM AND TO THE AIRPORT) MUST BE COVERED BY THE NATIONAL FEDERATIONS. HOTEL RESERVATION MUST BE DONE BY DIRECT COMMUNICATION BETWEEN THE NATIONAL FEDERATION AND THE HOTELS (List of recommended hotels and contacts are provided in the Inspection Report). THE ORGANIZING COMMITTEE OR IFBB WILL NOT BE RESPONSIBLE FOR ANY RESERVATION OR PAYMENT OF HOTEL ACCOMMODATIONS, TRAVELING ARRANGEMENTS AND MEALS.

Entry Forms from athletes will only be considered if they are sent by the National Federation of the athlete and directly to IFBB Headquarters in Madrid and IFBB General Secretary Mr. William Tierney (see address below). The final decision to allow an athlete to compete in this event rests with the IFBB. Registration fee is 150 Euros per athlete and will have to be paid to the IFBB official when registering.

The categories accepted for the above mentioned championships are:

Men's Bodybuilding:

Lightweight: Up to & incl 70 kg (154 lbs)
 Welterweight: Up to & incl 75 kg (165 lbs)
 Light-Middleweight: Up to & incl 80 kg (176 lbs)
 Middleweight: Up to & incl 85 kg (187 lbs)
 Light-Heavyweight: Up to & incl 90 kg (198 lbs)
 Heavyweight: Up to & incl 100 kg (220 lbs)
 Super-Heavyweight: Over 100 kg (220 lbs)

**Men's Classic Bodybuilding
 (see table below)**

A: Up to and including 175 cm (5'9")
 B: Up to and including 180 cm (5'11")
 C: Over 180 cm (over 5'11")

Master Men Bodybuilding:

Over 40 years Up to and incl. 49 years

- Up to and Incl. 80 kg
- Up to and Incl. 90 kg
- Over 90 kg

Over 50 Years Up to and incl. 60 years
 Over 60 years

Junior Men Bodybuilding

Open Category

Men Fitness: Open Category

Women's Fitness:

Up to & incl 163 cm (5'4")
 Over 163 cm (Over 5'4")

Junior Women Bodyfitness

Open Category

Women's Bodybuilding

Open Category

Women's Bodyfitness (Figure)

Up to & incl 158 cm
 Up to & incl 163 cm
 Up to & incl 168 cm
 Over 168 cm

Women's Bikini

Up to & incl 163 cm (5'4")
 Over 163 cm (Over 5'4")

The weight/height limits tolerance of the Men's Classic has the following criteria:

Height in cm = Bodyweight Limit
A. Up to & Incl. 175 cm (with the following height/weight criteria)
Up to & incl 168 cm = Height -100
Over 168 cm Up to & incl 171 cm = (Height -100) + 2 kg
Over 171 cm Up to & incl 175 cm = (Height -100) + 4 kg
B. Over 175 cm Up to and incl 180 cm = (Height -100) + 6 kg
C. Over 180 cm (with the following height/weight criteria)
Over 180 cm Up to & incl 190 cm = (Height -100) + 8 kg
Over 190 cm Up to & incl 198 cm = (Height -100) + 9 kg
Over 198 cm = (Height -100) + 10 kg

ARNOLD CLASSIC EUROPE

Registration will start Friday, 12th October. Please check www.ifbb.com for your regular updates.

Please send Entry Form no later than 23rd September 2012 to:

William Tierney
 IFBB General Secretary
 Phone: (+44-151) 931-4090
 Fax: (+44-151) 931-4090
 E-mail: w.tierney@ifbb-uk.com

Please send a copy to:
 Dr. Rafael Santonja, IFBB President
 Phone: (+34-91) 535-2819
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