

International Federation of Bodybuilding & Fitness Caribbean

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FINAL ENTRY FORM

37th CAC AMATEUR BODYBUILDING CHAMPIONSHIPS & GENERAL ASSEMBLY MEETING
St. George's, GRENADA, September 30th – October 4th , 2009

In order to assist in the planning and organization of these Championships, please complete the Final Entry Form and return it to the Organizing Committee AS SOON AS POSSIBLE BUT NO LATER THAN SEPTEMBER 1, 2009.

PLEASE PRINT CLEARLY

FEDERATION NAME: _____ FAX: _____ E-MAIL: _____

1ST DELEGATE: _____ 2ND DELEGATE: _____

COMPETITOR'S CATEGORY

Masters Women (+35 Yrs) _____

Women's Weight (-55kg) _____

Masters Men (+40 Yrs) _____

Women's Weight (+55kg) _____

Junior (-20 Yrs) _____

Men Bantamweight (-65 KG) _____

Mixed Pairs _____

Men Light Weight (-70 KG) _____

Women's Fitness - 163 cm _____

Men Welter Weight (-75Kg) _____

Women's Fitness +163 cm _____

Men Light Middle Weight (-80 Kg) _____

Women's Body Fitness - 158 cm _____

Men Middle Weight (-85 KG) _____

Women's Body Fitness - 163 cm _____

Men Light Heavy Weight (-90 KG) _____

Women's Body Fitness - 168 cm _____

Men Heavy Weight (- 100 KG) _____

Women's Body Fitness +168 cm _____

Men Super Heavy Weight (+ 100 KG) _____

Open Men's Fitness _____

JUDGE _____ JUDGE _____

TEST JUDGE _____ TEST JUDGE _____

NUMBER OF EXTRA DELEGATES & SUPPORTERS: _____

ARRIVAL DATE & TIME: _____ AIRLINE & FLIGHT #: _____

DEPARTURE DATE & TIME: _____ AIRLINE & FLIGHT #: _____

***PLEASE INDICATE ALL THE NAME AS WRITTEN IN THE PASSPORT**

Please be advised that there will be Twenty One (21) categories at this Championships. Each National Federation may send up to a maximum of Twenty One (21) athletes to the *Central America & Caribbean Bodybuilding Championships & Fitness Championships* with a maximum of two (2) athletes per category.

IMPORTANT: Three (3) or more athletes – two (2) official delegates permitted. Less than three (3) athletes – one official (1) delegate permitted. National Federations with no athletes may send one (1) official delegate; however, this delegate will be responsible for all of his or her expenses. Any judges, coaches, or trainers who are not official delegates will be responsible for all of their expenses.

PLEASE RETURN THE FINAL ENTRY FORM, INDICATING THE ACTUAL NAMES OF YOUR TEAM MEMBERS, NO LATER THAN September 1st, 2009, TO:

Send the Preliminary Entry Form to:

Please copy all correspondence to:

Grenada Body Building Federation

Kent Joseph or Dwanee Joseph
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IFBB Vice Presidency Office

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