



**Official Results**  
**30th CAC Championships**  
**CARACAS, VENEZUELA**  
**28th September 2002.**  
**Official results AFTER drug testing...**

**Fitness Short Class <1.60 Mts:**

1st Eglis Martinez {Venezuela}  
2nd Rosa Martinez {El Salvador}  
3rd Ivon Parra {Venezuela}  
4th Sandra Aguirre {Guatemala}  
5th Karen Thomas {Trinidad Tobago}

**Fitness Medium Class <1.67 Mts:**

1st Thais Cabrices {Venezuela}  
2nd Rebeca Rubio {Guatemala}  
3rd Karen Walcott {Trinidad Tobago}  
4th Norma Loza Garcia {Mexico}  
5th Rosalind Vanterpool {Barbados}

**Fitness Tall Class >1.67 Mts:**

1st Natasha Brown {Bahamas}  
2nd Gillian de Freitas {Trinidad Tobago}  
3rd Yvonne Saunders {Bahamas}  
4th Justine Richardson {Turk & Caicos}  
5th Diane Malchan {Trinidad Tobago}

**Best Fitness Routines:**

Eglis Martinez {Venezuela}  
Karen Walcott {Trinidad Tobago}  
Yvonne Saunders {Bahamas}

**Juniors {up to & incl 20 yrs}:**

1st Gilberto Delgado {Puerto Rico}  
2nd Christopher Belle {Barbados}  
3rd Franklin Rosales {Venezuela}  
4th Darren Gumbs {Anguilla}  
5th Paul Wilson {Bahamas}

**Women's Masters >35 yrs:**

1st Susana Lobo {Venezuela}  
2nd Heather Dalrymple {Barbados}  
3rd Carrie Paul {Bermuda}  
4th Charmaine MacNab {Bahamas}  
5th Teresa Mendizabal {El Salvador}  
6th Susana Figueredo {Guatemala}

**Men's Masters >40 yrs:**

1st Gustavo Cuba {Venezuela}  
2nd Rafael Pimentel {Dominican Rep}  
3rd Walter Sobers {Barbados}  
4th Cyril Hassell {Aruba}  
5th Alcione Zamora {Guatemala}

6th Glen David {Trinidad Tobago}  
7th Albino Navas {Venezuela}

**Mixed Pairs:**

1st Mily Peña {Venezuela}  
1st Jose Cermeño {Venezuela}  
2nd Susana Figueredo {Guatemala}  
2nd Alcione Samora {Guatemala}  
**3rd Della Thomas {Bahamas} \***  
**3rd Aaron Green {Bahamas}**  
3rd Paige Cadogan {Saint Vincent}  
3rd Efford Rogers {Saint Vincent}

**Women's Lightweights <52 kgs:**

1st Michelle Rowe {Barbados}  
2nd Susana Lobo {Venezuela}  
3rd Celines Santiago {Puerto Rico}

**Women's Middleweights <57 Kgs:**

1st Yusmary Sosa {Venezuela}  
2nd Sueallen Lottimore {Bermuda}  
3rd Tania Aular {Venezuela}  
4th Judith Allen {Jamaica}  
5th Charmaine McNab {Bahamas}  
6th Paige Cadogan {Saint Vincent}  
7th Carrie Paul {Bermuda}  
8th Teresa Mendizabal {El Salvador}  
9th Susana Figueredo {Guatemala}  
10th Marie M. Maitre {Haiti}

**Women's Heavyweights >57 Kgs:**

1st Mily Peña {Venezuela}  
2nd Jena Mackey {Bahamas}  
3rd Candice Carr {Trinidad Tobago}  
**4th Della Thomas {Bahamas} \***  
4th Heather Dalrymple {Barbados}

**Bantamweights <65 Kgs:**

1st Sylvon Gardner {Guyana}  
2nd Jose Martinez {Venezuela}  
3rd Manuel Batres {Guatemala}  
4th Aristides Romero {Venezuela}  
5th Giovanni Villalta {Guatemala}  
6th Anthony Thom {Guyana}  
7th Paul Wilson {Bahamas}

**Lightweights <70 Kgs:**

1st Rafael Pimentel {Dominican Rep}  
2nd Paul Nichols {Guyana}  
3rd Kenncy Medina {Venezuela}  
4th Darrem Gumbs {Anguilla}  
5th Julius Reece {Saint Vincent}  
6th Diego Salinas {El Salvador}  
7th Eddy Martinez {Guatemala}  
8th Glen David {Trinidad Tobago}  
9th Lucien Gamiette {Neth Antilles}

**Welterweights <75 Kgs:**

1st Anderson Sobers {Barbados}

2nd Ian Brunson {Bermuda}  
3rd Edward Duque {Venezuela}  
4th Wilfredo Bermudez {Guatemala}  
5th Devin Lightbourne {Bermuda}  
6th Josue Feliz {Dominican Republic}  
7th Ross Caesar {Bermuda}  
8th Gilberto Delgado {Puerto Rico}  
9th Christopher Belle {Barbados}  
10th Patrick Coicou {Haiti}  
11th Yubert Vera {Venezuela}  
12th Emanuel Richardson {Neth Antilles}  
13th Antonio Salas {Aruba}  
14th Syron Blake {Virgin Island}

**Middleweights <80 Kgs:**

1st Rixio Tapia {Venezuela}  
2nd Damian George {Trinidad Tobago}  
3rd Jose Bustamante {Venezuela}  
4th Joseph Bourne {Barbados}  
5th Osberty Navarro {Venezuela}  
6th Cecil Bacon {Jamaica}  
7th Efford Rogers {Saint Vincent}  
8th Josene Celeus {Haiti}

**Super Middleweights <85 Kgs:**

1st Jose Cermeño {Venezuela}  
2nd Selman Perez {Guatemala}  
3rd Rupert Johnson {Jamaica}  
4th Javier Murgas {Venezuela}  
5th Cyril Hassell {Aruba}  
6th Godfrey Thomas {Saint Vincent}  
7th Edward Daley {Bahamas}  
8th Luis Torres {Virgin Islands}

**Light Heavyweights <90 Kgs:**

1st Lyndon Belgrave {Barbados}  
**2nd Gregorio Navarro {Venezuela}**

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2nd Roberto Ogando {Dominican Rep}  
3rd Immer Mejias {Venezuela}  
4th Aaron Greene {Bahamas}  
5th Walter Sobers {Barbados}  
6th Desir Wilder {Haiti}  
7th Kimmit Harvey {Turks & Caicos}

**Heavyweights >90 Kgs:**

1st Carmichael Bryan {Barbados}  
2nd Jerry Nicholls {Barbados}  
3rd Javier Marquez {Venezuela}  
4th Henry Graham {Jamaica}  
5th Juan Bermudez {Venezuela}

**Best National Teams:**

1st Venezuela  
2nd Barbados  
3rd Bahamas

**Most Improved Athletes:**

Female - Jena Mackey {Bahamas}

Male - Lyndon Belgrave {Barbados}

**Professional Selections:**

Lyndon Belgrave {Barbados}  
Mily Peña {Venezuela}  
Plus all three fitness class winners.

**\*Disqualified**

**\*\* Disqualified & suspended for two years**